

Proverbs

UNIVERSITY

2026 COURSE CATALOG



Embark on a Journey to Skill-Building
and Professional Development

A Special Welcome From Our Founder



At Proverbs University, we believe learning is more than just acquiring knowledge — it's the foundation for meaningful change, personal growth, and organizational success. For years, we've been proud to offer top-tier certifications in areas that empower professionals to excel in their careers. Now, we're thrilled to expand our suite of services, continuing to build on our legacy of excellence and innovation in education and training.

This catalog is your guide to exploring our diverse training and service offerings. Whether you're seeking certification programs to sharpen your skills, HR compliance training to ensure workplace integrity, court-mandated training that supports rehabilitation and accountability, or custom curriculum design tailored to your organization's unique needs, Proverbs University is here to partner with you every step.

As you browse through these pages, I invite you to imagine the transformative possibilities that our programs can bring to your learning journey. Together, we can create pathways to success that align with your personal and professional goals and values. Thank you for choosing Proverbs University.

Warm regards,

Dr. Kristal Walker

Founder & Chief Learning Officer

Proverbs University

The Center for Training Excellence

1	About Proverbs University	3
	Our Mission, Vision & Values	
2	Custom Curriculum Design & Development	4
	Tailored Training Design	
3	Court Mandated Training	5
	Alcohol Awareness	Impulse Control
	Alcohol and Other Drugs	Petit Larceny
	Anger Management	Sex Trafficking Awareness
	Domestic Violence	Traffic School
	HIV/AIDS Awareness	
4	HR Compliance Training	7
	Anti-Harassment for Supervisors	An Introduction to Cultural Intelligence (CQ)
	Anti-Harassment for Employees	Preventing Violence in the Workplace
	Anti-Bullying	Workplace Diversity
	CPR Training	
5	Women in the Workplace: Professional Development Series	9
	Breaking Barriers—Overcoming Gender Bias	Networking with Purpose
	Building Confidence in Leadership	Personal Branding & Career Development
	Effective Negotiation Skills	Resilience & Adaptability
	Emotional Intelligence for Women Leaders	Work-Life Integration
6	Certification Programs	11
	Learning Design & Facilitation Certification Program	11
	Enhance Your Training Skills	
	Modules Covered	
	Workplace Culture & Inclusion Certification Program	15
	Shape a Culture of Inclusion	
	Modules Covered	
	High Impact Leadership Certification Program	19
	Elevate Your Leadership Potential	
	Modules Covered	
	Talent Management Strategy Certification Program	23
	Shape the Future of Workforce Talent	
	Modules Covered	
7	We Design With You In Mind	27
	P.A.L.D. Method	
8	Get Certified Your Way	29
	Blended, Live Virtual & In Person Experiences	



About Proverbs University



OUR MISSION

We exist to provide existing and emerging leaders with the necessary skills to lead and serve their cross-cultural constituents while maximizing desired results. We are proud to have a diverse body of learners representing all walks of life. Because we measure our success by the success of our graduates, our students can be confident that we will do everything in our power to help them reach their full potential.



OUR VISION

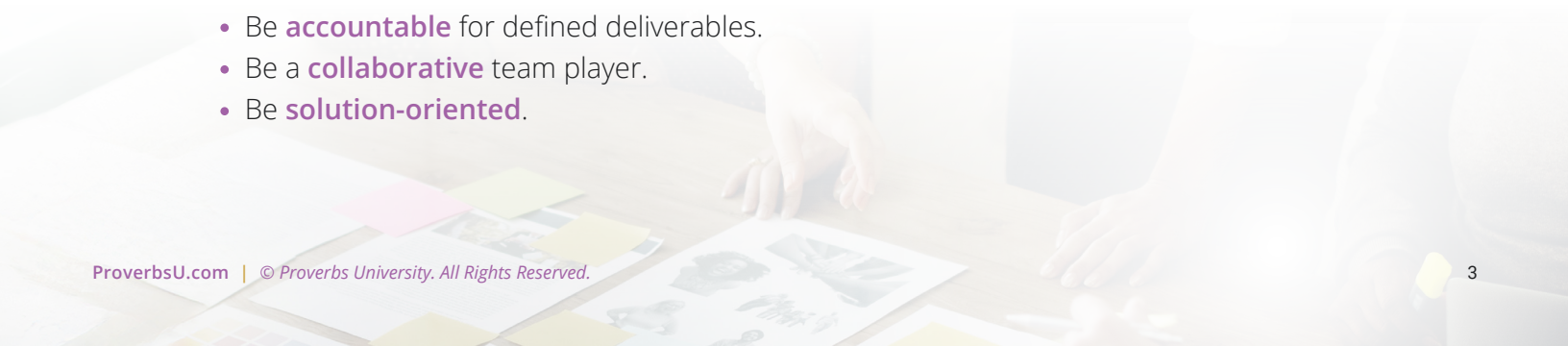
We believe that leadership and service are essential to making a positive impact in the world. We know that everyone has the potential to be a great leader or service provider. That's why we're dedicated to developing talent for these roles through our innovative curriculum and supportive community of thought leaders, both now and in the future.



OUR VALUES

Proverbs University is built on a foundation of core values that guide everything we do.

Our core values are more than just a set of principles. They drive our productivity while also serving as the moral compass for everyone in our community. We expect those who are willing to partner with Proverbs University in any way to uphold our high standards and live up to our brand identity:

- Be a person of **integrity**.
 - Be an **ambassador** for our mission and brand.
 - Be **accountable** for defined deliverables.
 - Be a **collaborative** team player.
 - Be **solution-oriented**.
- 

Tailored Training Design

At Proverbs University, we understand that no two organizations are alike. We offer **Custom Curriculum Design & Development** for our business and entrepreneurial clients — a service dedicated to crafting personalized learning experiences that align with your company's needs and objectives. Because goals, challenges, and workplace culture are all unique, your training solutions should reflect that.

Our collaborative approach ensures your voice is at the center of the process.

WE PARTNER WITH YOU TO

- ✓ understand your vision
- ✓ analyze your audience
- ✓ and tailor content to deliver measurable outcomes

Whether you're seeking engaging eLearning modules, hands-on workshops, or comprehensive blended learning programs, our team has the expertise to turn your ideas into impactful training solutions.

Our executive staff is also available for keynote speaking engagements.



Let us help you equip your team with the skills and knowledge they need to be successful in today's competitive workforce. Partner with us to design learning experiences that inspire, engage, and transform.

Guiding Personal Growth & Responsibility

We are committed to supporting individuals in meeting court-mandated requirements while fostering personal growth and accountability. Our **Court Mandated Training** courses are designed to provide practical knowledge, encourage self-reflection, and promote positive behavioral changes. Delivered by experienced instructors, each course offers an engaging and supportive learning environment to help participants successfully fulfill their obligations.

EXPLORE OUR DYNAMIC COURSE OFFERINGS:

1 Alcohol Awareness

This course focuses on the effects of alcohol use on decision-making and behavior. Participants will learn to make informed, responsible choices and understand the long-term impacts of alcohol misuse.

2 Alcohol and Other Drugs

Designed to raise awareness about substance abuse, this course explores the impact of alcohol and drug use on health, relationships, and legal status. Participants will learn strategies for making healthier choices and breaking harmful patterns.

3 Anger Management

This course helps participants understand and manage their anger by providing tools to recognize personal triggers, develop emotional regulation skills, and practice constructive responses to challenging situations. Through practical exercises and real-life scenarios, participants will build healthier coping mechanisms and improve their interpersonal relationships.

4 Domestic Violence

This course addresses the dynamics and impact of domestic violence, focusing on personal accountability and conflict resolution. Participants will gain insights into healthier relationship strategies and how to avoid abusive patterns.

5 HIV/AIDS Awareness

Participants will learn the fundamentals of HIV/AIDS prevention, transmission, and treatment. This course promotes understanding and reduces stigma while encouraging responsible choices to protect oneself and others.

6 Impulse Control

For individuals seeking better self-control, this course offers practical techniques for managing impulsive behaviors. Participants will explore effective strategies to make thoughtful decisions, build resilience, and avoid negative outcomes.



Each course is tailored to meet **court requirements** while providing participants with the tools to make positive changes and move forward with confidence and integrity.

7 Petit Larceny

This course examines the consequences of theft and its broader impact on victims, communities, and personal accountability. Participants will gain valuable insights into ethical behavior, decision-making, and practical strategies to avoid future offenses.

8 Sex Trafficking Awareness

This course educates participants on the realities of sex trafficking, focusing on its effects on victims and the community. It emphasizes prevention, awareness, and the importance of ethical behavior.

9 Traffic School

This course aims to improve driving habits by covering traffic laws, defensive driving techniques, and the consequences of unsafe practices. Participants will leave equipped to be safer and more responsible drivers.

Fostering a Culture of Empowerment

In today's fast-evolving workplace, compliance isn't just about following the rules — it's about creating an environment where employees feel safe, valued, and empowered to thrive. Our **HR Compliance Training** programs equip your organization with the knowledge and tools needed to foster a culture of respect, accountability, and excellence.

CHECK OUT OUR EVER-EVOLVING CATALOG:

- 1 Anti-Harassment for Supervisors:** Empower your leadership team with the tools to recognize, address, and prevent harassment in the workplace. This course equips supervisors with a clear understanding of their responsibilities, strategies for effective intervention, and the skills to foster a culture of respect and inclusion.
- 2 Anti-Harassment for Employees:** This essential training for all employees will help shape a harassment-free workplace. Participants will learn to identify unacceptable behaviors, understand their role in promoting respect, and take proactive steps to ensure a safe and inclusive work environment.
- 3 Anti-Bullying:** Addressing workplace bullying is critical to maintaining a positive and productive environment. This course teaches employees and leaders to identify bullying behaviors, understand their impact, and implement effective solutions to create a respectful and supportive culture.
- 4 CPR Training:** This life-saving course equips participants with the skills and confidence to respond effectively in emergencies. Participants will learn how to perform CPR on adults, children, and infants, including proper chest compression techniques and rescue breathing. The course also covers using automated external defibrillators (AEDs) and best practices for managing cardiac and breathing emergencies until professional help arrives. Whether meeting a requirement or simply preparing to help others, this training empowers you to make a difference when every second counts.
- 5 An Introduction to Cultural Intelligence (CQ):** This course teaches how to read cultural cues, adjust your approach, and build strong working relationships. Learners will explore a simple framework for applying CQ in everyday conversations, teamwork, and customer interactions. Through examples and practical exercises, participants will learn how awareness and adaptability turn misunderstandings into opportunities.
- 6 Preventing Violence in the Workplace:** Stay prepared and proactive with this vital training on preventing workplace violence. Participants will explore warning signs, de-escalation techniques, and actionable steps to promote safety and well-being for all employees.
- 7 Workplace Diversity:** Diversity is a strength; this course shows how to harness it. Learn to appreciate differences, challenge biases, and create a culture of inclusion that drives innovation, engagement, and collaboration across your team.

Practical Strategies for Ethical Excellence

These courses go beyond regulatory requirements, providing practical strategies to address real-world challenges while promoting ethical behavior and inclusivity.

WE CAN HELP YOU:

- ✓ enhance organizational compliance
- ✓ strengthen team cohesion
- ✓ meet industry-specific standards

Proverbs University delivers solutions tailored to your needs.



Your employees will gain the confidence to navigate complex workplace dynamics effectively through engaging content and actionable insights.

Professional Development Series

We believe in empowering women to thrive, lead, and succeed at every stage of their careers. Our **Women in the Workplace Professional Development Series** addresses women's unique challenges in professional environments while fostering leadership, confidence, and career growth. Whether you're an emerging professional or a seasoned executive, our courses provide practical strategies, inspiring insights, and actionable tools to help you achieve your goals.

HERE'S A SHORT LIST OF FEATURED COURSES WE OFFER AS A PART OF THIS CATALOG:

- 
Breaking Barriers — Overcoming Gender Bias: Understand how to navigate and challenge unconscious biases, paving the way for equitable opportunities in the workplace.
- 
Building Confidence in Leadership: Explore strategies to develop self-assurance, overcome imposter syndrome, and step into leadership roles with confidence and authenticity.
- 
Effective Negotiation Skills: Learn how to advocate for yourself in salary discussions, promotions, and everyday workplace negotiations to secure opportunities and recognition.
- 
Emotional Intelligence for Women Leaders: Develop skills to navigate emotions, foster collaboration, and lead with empathy in diverse team environments.
- 
Networking with Purpose: Master the art of building meaningful professional connections that open doors and create long-lasting career opportunities.
- 
Personal Branding & Career Development: Learn how to craft and communicate your personal brand to stand out, build credibility, and achieve your career aspirations.
- 
Resilience & Adaptability: Gain practical tools to overcome adversity, manage stress, and thrive in the face of change, uncertainty, and new challenges.
- 
Work-Life Integration: Discover actionable tips and proven strategies to balance personal and professional priorities while maintaining health and well-being.


 Visit our website for the schedule
 of upcoming offerings.

“

Women deserve the skills, strategies, and confidence to **break barriers and thrive** in every stage of their professional journey.

Proverbs
UNIVERSITY

A woman with glasses and a dark sleeveless top stands in front of a large whiteboard, gesturing with her right hand and holding a small object in her left. She is addressing a group of people whose backs are to the camera. The room has a rustic brick wall and a wooden table with a laptop and a small robot on it. The entire image is overlaid with a purple gradient.

Learning Design & Facilitation Certification Program

Are you ready to design training that is sure to generate a return on investment?
Our new learning design and facilitation certification program is designed especially for you.

Enhance Your Training Skills

Did you know the global corporate training industry is anticipated to generate over \$400 billion by 2031? This couldn't be a more exciting time to enter the field of corporate training! Many organizations invest in corporate training programs because well-trained employees perform better in their roles.

AS AN EXISTING OR ASPIRING CORPORATE TRAINER, YOU'LL NEED TO:



Have up-to-date knowledge of the latest trends in the field to train employees effectively.



Be able to engage with employees and create an interactive learning experience.



Proverbs University created the Learning Design & Facilitation Certification to help trainers acquire the skills they need to make an impact in their companies.

The Learning Design & Facilitation Certification is designed to help you take your training capacity to the next level.

We understand that effective training is crucial for individual & organizational growth.

Our comprehensive curriculum equips you with the skills to become a confident and impactful corporate trainer.

HERE ARE THE MODULES COVERED IN THIS CERTIFICATION PROGRAM:

1 Designing Your Training

- Understanding the Adult Learner
- The Real Ask Behind the Training Request
- Defining Success Early
- From Ask to Implementation

2 Developing Your Training

- Creating Content with Credibility
- Outlining the Course
- Tools, Tactics, and Technology
- Packaging the Learning Journey

3 Delivering Your Training

- From Trainer to Facilitator
- Own the Room or the Screen
- Facilitating Peer-to-Peer Learning
- Navigating the Unexpected

4 Debriefing Your Training

- Measuring What Matters
- Communicating the Value of Training



*Courses: These programs have been pre-approved by [Training Industry](#) for 2 continuing education recertification hours each toward the [Certified Professional in Training Management](#) credential. *Certification: This program has been pre-approved by [Training Industry](#) for 15 continuing education recertification hours toward the [Certified Professional in Training Management](#) credential.

Unlock Your Potential

Proverbs University's Learning Design & Facilitation Certification is designed to meet the needs of:



PROFESSIONALS
transitioning into
corporate training roles.



**ENTREPRENEURS OR
CONSULTANTS** specializing
in employee training.



BUSINESS LEADERS
looking to enhance their
organization's training practices.

“

Our mission is to empower you with the **tools, expertise, and confidence** to elevate workplace learning and development.

Proverbs
UNIVERSITY

Workplace Culture & Inclusion Certification Program

If you are responsible for strengthening workplace culture, improving employee experience, or supporting people performance, this certification is for you.

Shape a Culture of Inclusion

The strongest workplace cultures are built on trust, communication, respect, and the ability to create meaningful experiences for people at every level of the organization.

THIS UNIQUE LEARNING EXPERIENCE WILL ENABLE YOU TO:

-  Gain a deeper understanding of organic inclusion and best practices.
-  Develop and implement effective collaboration strategies.
-  Cultivate a culture of belonging and respect.



Proverbs University can guide you towards building a workplace that champions inclusivity, drives innovation & unlocks the true potential of your organization.

The Workplace Culture & Inclusion Certification Program

equips professionals with practical strategies to foster inclusive workplace cultures, strengthen employee engagement, improve collaboration, and align people-centered practices with organizational success.

Healthy workplace cultures don't happen by accident. They are built intentionally through leadership, communication, empathy, and inclusive practices. This program equips learners with actionable strategies to create environments where people and organizations perform at their best.

HERE ARE THE MODULES COVERED IN THIS CERTIFICATION PROGRAM:

1 The Business Case for Workplace Culture & Inclusion

2 Building a Sustainable Culture Strategy

3 Using Workforce Data to Understand Culture Trends

4 Aligning Culture Initiatives with Business Strategy

5 Expanding Cultural Intelligence

6 Creating Psychological Safety

7 Building Empathy & Workplace Trust

8 Sponsorship, Mentorship & Career Growth

9 Strategic Culture & Inclusion Programming

10 People-Centered Workplace Practices

11 Inclusive Workplace Processes

12 Customer & Employee Experience Strategy

Build the Workplace People Want to be a Part Of

Proverbs University's Workplace Culture & Inclusion Certification is designed to meet the needs of:



EMPLOYEE EXPERIENCE LEADERS focused on strengthening workplace culture, engagement, and employee satisfaction across the organization.



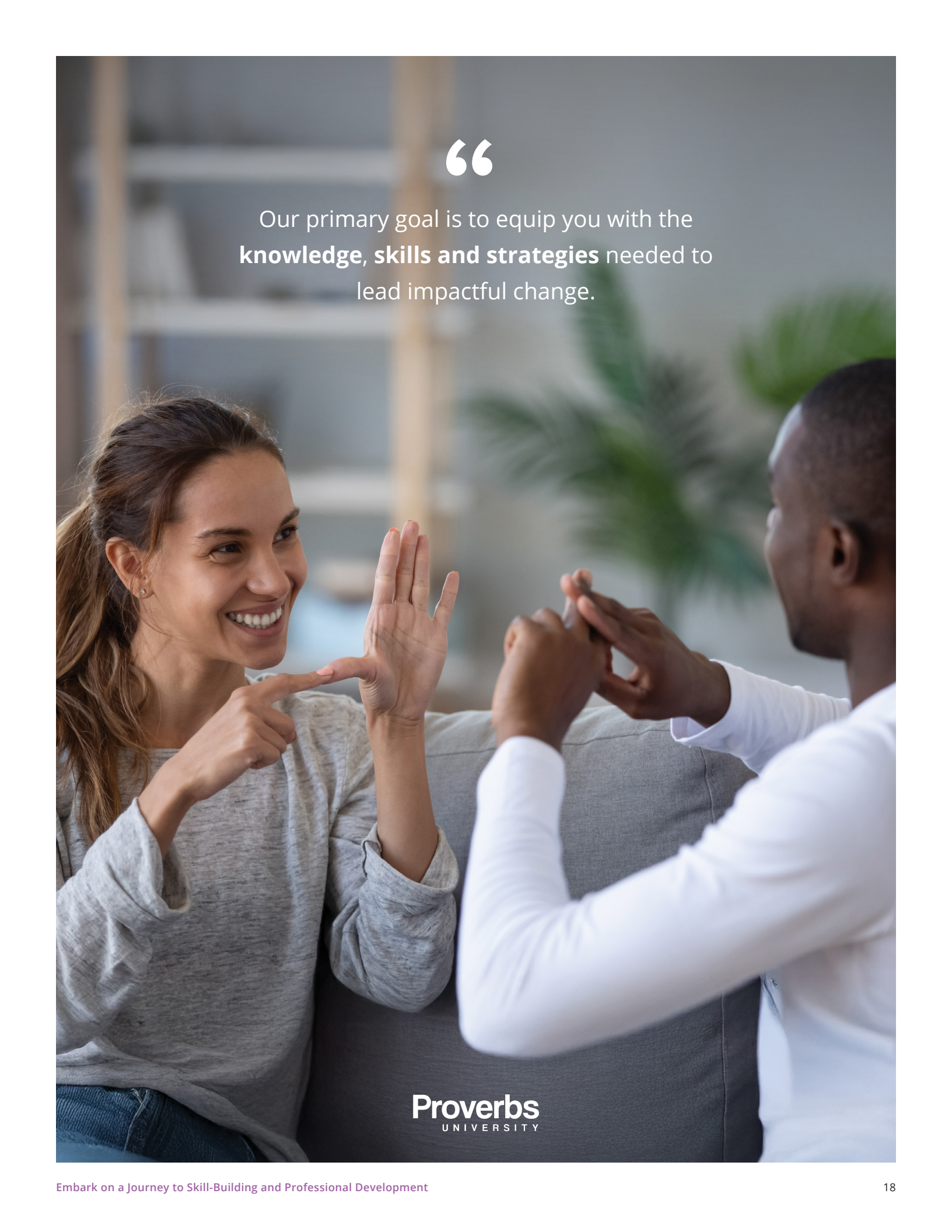
HR BUSINESS PARTNERS supporting leaders and teams through people-centered strategies that align with business goals.



ORGANIZATIONAL DEVELOPMENT PROFESSIONALS driving initiatives that improve collaboration, leadership effectiveness, and organizational growth.



WORKPLACE CULTURE CHAMPIONS passionate about creating environments where employees feel valued, respected, and connected.

A woman with long brown hair, wearing a grey sweatshirt, is sitting on a grey couch and smiling broadly while high-fiving a man. The man, who is Black, is wearing a white long-sleeved shirt and is also smiling. They are in a modern, brightly lit room with large windows and indoor plants in the background.

“

Our primary goal is to equip you with the
knowledge, skills and strategies needed to
lead impactful change.

Proverbs
UNIVERSITY

High Impact Leadership Certification Program

Ready to leverage your influence to drive results? Learn the fundamentals and complexities around what it takes to be an effective and impactful leader.

Elevate Your Leadership Potential

Now, more than ever, companies need leaders who are proportionately positioned throughout the organization to take on the mission, embrace the moment, and pass on the mantle affiliated with leading people and guiding organizational change. Our **High Impact Leadership Certification** program is perfect for organizations and individuals seeking to advance, upskill, and reskill leadership abilities for the modern-day workforce.

THIS IMMERSIVE LEARNING EXPERIENCE WILL HELP YOU GAIN THE TOOLS AND STRATEGIES TO:

-  Establish an impactful personal brand.
-  Build and manage a resilient team.
-  Expand value across the business.



Join a community of existing and emerging leaders who aspire to improve team performance, build strong organizational cultures, and drive lasting business results.



High-performing organizations need high-impact leadership who can drive innovation, establish company culture, and navigate sustained growth.

Building a strong leadership pipeline is crucial for an effective and efficient business operation.

The High Impact Leadership Certification program offers a comprehensive curriculum covering all aspects of leadership development.

HERE ARE THE MODULES COVERED IN THIS CERTIFICATION PROGRAM:

- | | |
|--|---|
| 1 The Anatomy of a Leader | 7 Coaching Made Simple |
| 2 Contemporary and Global Leadership Challenges | 8 Establishing a Culture of Trust and Transparency |
| 3 How Leaders Achieve Results | 9 Creating and Communicating Vision |
| 4 Critical Thinking for Leaders | 10 Managing Change and Change Fatigue |
| 5 Building High Performance Teams | 11 Leading Through Crisis |
| 6 Establishing Non-Negotiables | 12 Succession Planning 101 |

Lead Your People, Projects & Processes with Confidence

Proverbs University's High Impact Leadership Certification is designed to meet the needs of:



MID-TO-SENIOR LEADERS

who aspire to advance their leadership capabilities.



PROFESSIONALS

aiming for career growth into leadership positions.



ENTREPRENEURS

building their own companies.

“

Develop a unique **leadership approach** that will strengthen your core skills and help you tackle modern challenges head-on.



Proverbs
UNIVERSITY



Talent Management Strategy Certification Program

Become an expert in using industry-leading practices and insights to manage your company's talent pipeline.

Shape the Future of Workforce Talent

Companies who prioritize their talent management strategy are better positioned to drive and engage the workforce. Proverbs University is proud to offer a **Talent Management Strategy Certification** program designed to empower professionals with the tools to lead transformative talent initiatives across the employee life cycle.

DEVELOP STRATEGIES FOR OPTIMIZING TALENT THAT LEAD TO:

-  Collaborative onboarding.
-  Effective culture integration.
-  Increased employee engagement and retention.
-  Performance management excellence.



Discover the many ways your organization can thrive through the power of strategic talent management.

Effective talent management doesn't happen by accident; it is the result of deliberate planning, strategic investment, and continuous development.

Equally important to hiring and selecting qualified talent is the ability to retain them.

The Talent Management Strategy Certification program offers a comprehensive curriculum covering all aspects of the employee experience.

HERE ARE THE MODULES COVERED IN THIS CERTIFICATION PROGRAM:

- | | | | |
|---|---|----|---|
| 1 | Cultivating the Employee Experience | 7 | Transitioning Returning Employees |
| 2 | Strategic Recruitment | 8 | Case Study: Perfecting Onboarding Essentials |
| 3 | Defining Success: Logistics and Relationships | 9 | Developing High Potential Employees for Career Mobility |
| 4 | Case Study: Perfecting the Preboarding Essentials | 10 | Leading Employee Engagement Initiatives |
| 5 | The Collective Responsibility of Onboarding | 11 | Performance Management |
| 6 | 90 Days to Success | 12 | Knowledge Management |

Elevate Your Expertise

Proverbs University's Talent Management Strategy Certification is designed to meet the needs of:



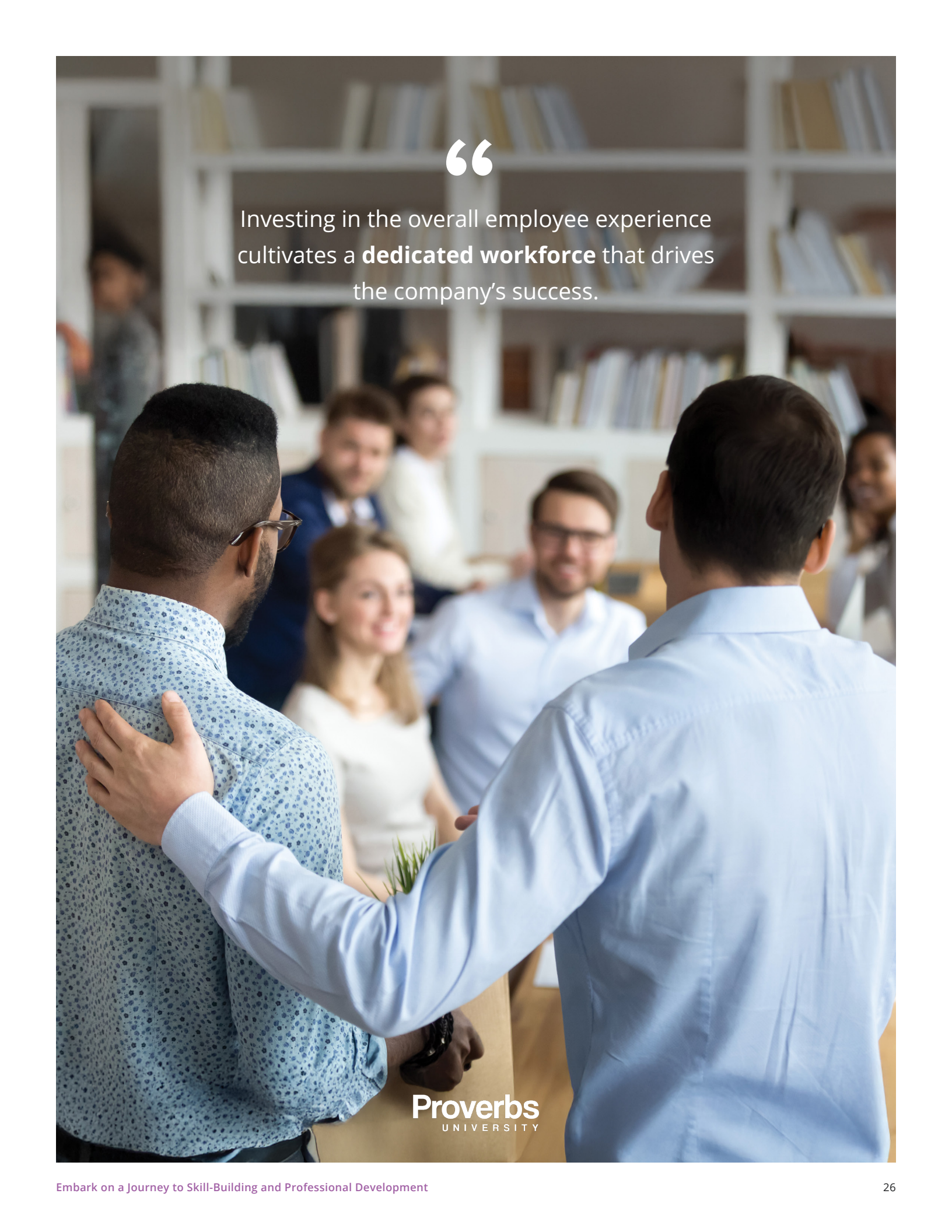
HR PROFESSIONALS



BUSINESS LEADERS



ORGANIZATIONAL
DEVELOPMENT CONSULTANTS

A group of diverse professionals are gathered in a library or study area, with bookshelves filled with books in the background. In the foreground, a man in a light blue patterned shirt is seen from the back, with another man in a light blue shirt placing his hand on his shoulder. Other people are visible in the background, some looking towards the camera and others looking away. The overall atmosphere is professional and supportive.

“

Investing in the overall employee experience cultivates a **dedicated workforce** that drives the company's success.

Proverbs
UNIVERSITY

Proverbs Adult Learning Design Method™

We believe that instructional design is not just about creating effective training programs, but also about making sure those programs are engaging and enjoyable.

We've created the Proverbs Adult Learning Design Method™ (or the P.A.L.D. Method) to keep learners engaged throughout the learning journey.



Your Certification Learning Journey Includes

✓ ASSESSMENTS & DEBRIEFS

✓ INDIVIDUAL & GROUP ACTIVITIES

✓ POST-PROGRAM ACTION PLANS

✓ RELEVANT THOUGHT LEADERSHIP

✓ SOCIAL LEARNING FORUMS

✓ WEEKLY OFFICE HOURS FOR Q&A

“

We empower leaders to serve diverse communities and achieve **meaningful results**, measuring our success by theirs.

Proverbs
UNIVERSITY



We've created a program that allows flexibility for the adult learner. Ideally, you can complete your certification in as little as 5 days in person or as long as 4 months online. Visit us online for the upcoming onboarding, capstone and conference schedules.

● HERE'S WHAT TO EXPECT WITH A BLENDED EXPERIENCE

The journey toward certification happens in 5 simple steps from start to finish.



● HERE'S WHAT TO EXPECT WITH A LIVE VIRTUAL EXPERIENCE

This journey follows a similar flow to the blended experience, except we approach the learning journey one day per week. You'll spend 14 consecutive weeks collaborating with learners from across the globe who are also pursuing certification in your chosen field of study.

● HERE'S WHAT TO EXPECT WITH AN IN PERSON EXPERIENCE

Join us at a venue near you for the Proverbs University **Get Certified Conference™**. Hosted over 6 days, the Get Certified Conference™ offers a carefully curated agenda to deliver an immersive and transformative learning experience for all in attendance.

The in-person experience includes:



- Featured Keynotes
- Expert-Led Sessions



- Networking Opportunities
- Wellbeing Focus



- Capstone Presentation
- Badging Ceremony

“

We are a community of existing and emerging
thought leaders who are changing the way
people **lead, learn, and work.**



Proverbs University
The Center for Training Excellence
6363 S. Pecos Road, Suite 201, Las Vegas, NV 89120 | 702.665.7370 | getcertified@proverbsu.com



Proverbs
UNIVERSITY